

NORTH ISLAND  
**SECONDARY  
SCHOOL ROWING**  
CHAMPIONSHIPS



**6<sup>th</sup> – 8<sup>th</sup> March 2026**

***Regatta Information & Safety  
Briefing***

**KRI Regattas Safety  
and Coaches**

WhatsApp group



Scan or upload this QR code using the  
WhatsApp camera to join this group

**Karāpiro  
Rowing**

ROWING  
NEW ZEALAND

# WELCOME

Key people for the week:

## **Race Committee**

- Chief Umpire – Kim Harrision
- Chief Starter – Jack Quirk
- Chief Judge – Adele Marsden
- Organizing Rep – Steve Brine
- NZSSRA Rep – Rebecca Milicich

## **Other**

- Chief Control Commission – Twan VD & David Haydock
- Chief Safety Officer – Greg Liddy
- Regatta Control – Andrew Carr-Smith & Tricia Balle

# SAFETY OFFICER

The names received as per the registration & attendance will be the designated Adult Safety Officer.  
Please ensure the Adult Safety Officer is present, on site and contactable for the entire regatta

- If the Adult Safety Officer approved by the school in its entry declarations becomes unable to attend the safety briefing, the school must notify KRI of an alternative Adult Safety Officer by email to [safety@karapirorowing.com](mailto:safety@karapirorowing.com) prior to the start of the regatta **and get the new person signed off by the school principal.**
- The Adult Safety Officer must attend the safety briefing and must fulfil the Adult Safety Officer's obligations under the NZSSRA [Rules](#) and [Regulations](#) and [Safety System](#) for the duration of the regatta. **Please note that the Adult Safety Officer must be present at the regatta.**
- As the key representative and Adult Safety Officer for the Regatta, it is YOUR responsibility to ensure that the information shared in this presentation is shared with ALL the relevant people within your school.
- There are many examples in the presentation of important information, Traffic, Parking, Rubbish , Rules of the Regatta, Regatta Control and Safety.

**ENSURE ALL THIS INFORMATION IS PASSED ON**

# MEASLES & INFECTIOUS DISEASES

Letter sent to ALL Schools on Friday 5<sup>th</sup> December

**All schools are to take responsibility within their own Health and Safety plans to manage their students' health including immunisations and the spread of any infectious diseases.**

**Please DO NOT ATTEND any EVENT at Lake Karāpiro if:**

You are sick or show symptoms of measles / Gastro – instead, stay home and seek healthcare advice from your doctor, healthcare professional, Hauora Māori provider or Pacific health provider. You can also call Healthline on 0800 611 116 anytime for free advice and support.

If you are not immune to measles and measles is currently circulating in your area, please carefully consider if you need to attend. This is because measles can spread easily to anyone who is not immune.

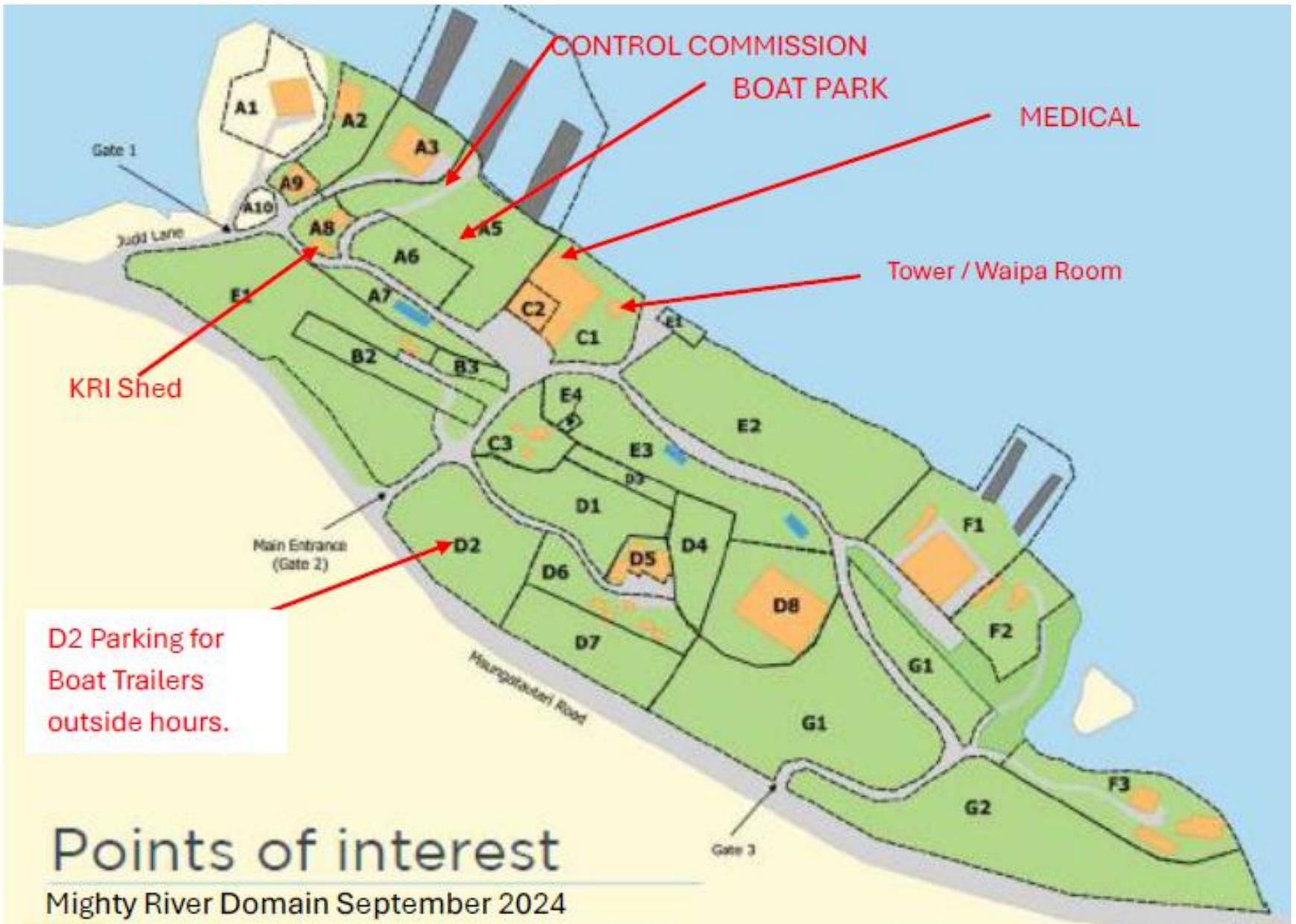
If you become unwell during the event, or are concerned about someone else, please seek medical assistance immediately and follow any health advice. You may need to return home or to your accommodation and isolate from others.

**Please inform the Chief Safety Officer directly if any positive cases of measles OR Gastro occur in your squad whilst at Lake Karāpiro or afterwards for a period of 7 days.**

You can also call **Healthline anytime on 0800 611 116** for free advice and support.

**Karāpiro  
Rowing**

ROWING  
NEW ZEALAND



# Points of interest

Mighty River Domain September 2024

# LOCATIONS

## CHIEF UMPIRE & SAFETY OFFICER

- Upstairs of the Sir Don Rowlands, in the Karāpiro room

## COACHES' ROOM

- Waipa Room

## SIR DON ROWLANDS HALL

- The University of Waikato will be set up in the Don Rowlands Hall each day between 9am – 5pm, providing a place for competitors to relax, as well as ergs and watt bikes to use.
- **Please encourage your athletes to clean up after themselves**

# VENUE

- **PHOTOGRAPHY:** The Start pontoon and boat park are restricted to accredited photographers (pink tabards) only
- **CYCLING & SCOOTERS:** No RIDING of cycles or scooters in the venue, IT'S DANGEROUS.
- **DOGS:** Please no dogs on site. \$300 fine can be issued by Waipa District Council
- **ALCOHOL/SMOKE/DRUG FREE:** This regatta is a smoke, vape, alcohol and drug free event



**CHECK**



**CLEAN**



**DRY**

**when you  
move  
between  
lakes and  
rivers**

The Clam has now been found at Lake Rotomanu , (North of New Plymouth)



## CHECK CLEAN DRY REGATTA PROTOCOL

- All schools (regardless of your home waterway) are to follow the Check Clean Dry protocols prior to leaving this event.
- Includes boats, oars, coach boats and any equipment or gear that gets wet.
- Wash Station located outside the KRI Shed, please feel free to bring along hose pipes and connect to any taps in the Domain.
- Please bring containers to soak any absorbent material in on way home

# WASTE MANAGEMENT



## *Sort Yourself Waste Station*

KRI would like to encourage all schools to sort your rubbish within the confines of your own tent, making delivery and processing faster.

Only transparent bags will be accepted

**!! BLACK BAGS WILL NOT BE ACCEPTED !!**

**Arguments from parents will no longer be tolerated**

Location: next to first block of toilets on the Spectator Embankment.

All schools are requested to assist in picking up litter in your area at the end of the day – let's leave the site the way we found it.

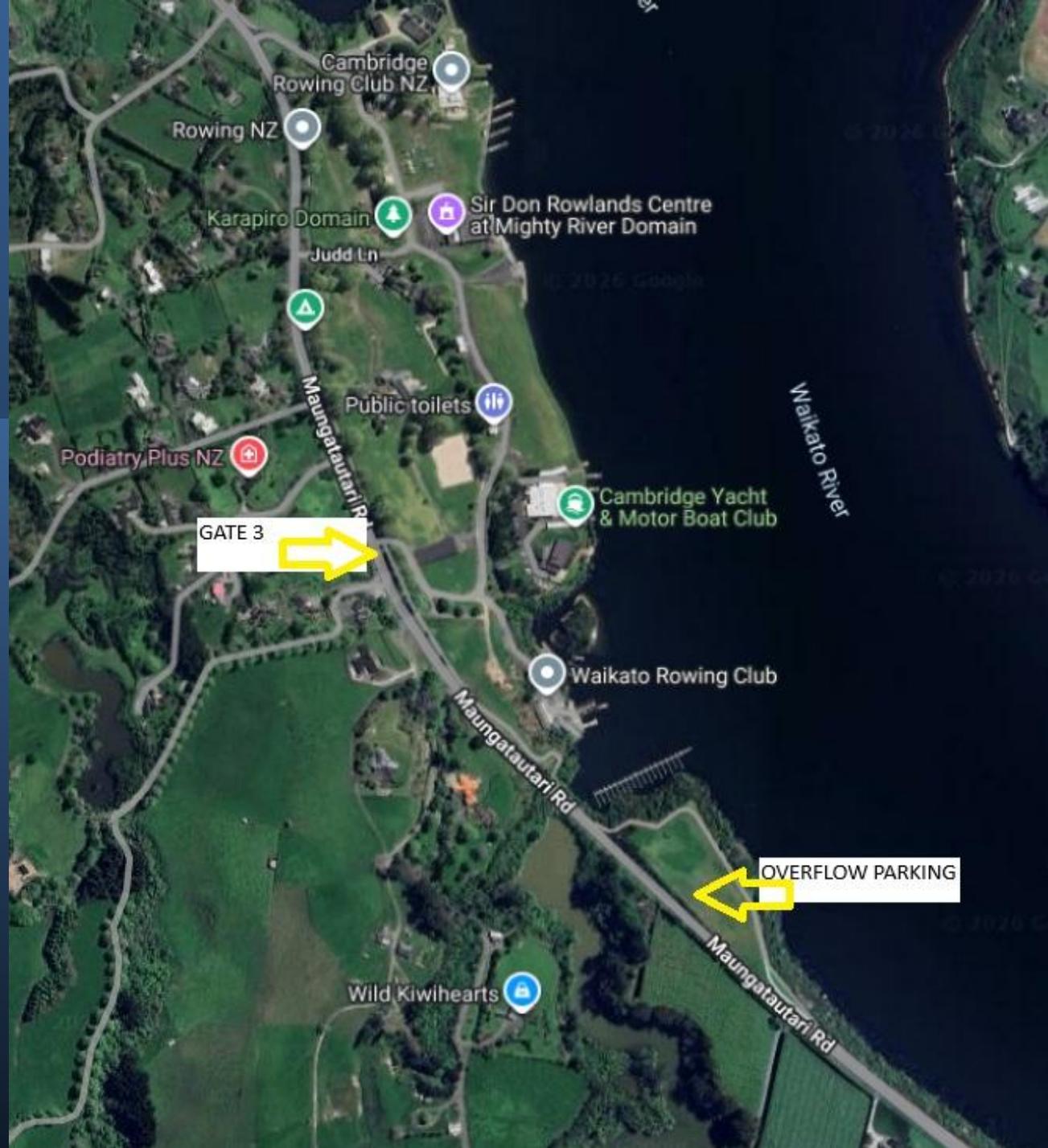
# PARKING

Mercury Land	Minivans and Coaches
Gate 1 Judd Lane	Competitor drop off (no parking), use roundabout Boat trailers and support vehicles (displaying support vehicle pass)
Gate 2	Support vehicles (displaying support vehicle pass) Buses (big ones) Race Officials, volunteers and VIPs
Gate 3	Overflow for minivans and coaches PUBLIC PARKING
Overflow Parking	Taumatawiiwii Land (See map) 10min walk back to Tents.

**ONLY EFTPOS ACCEPTED**

**ABSOLUTELY NO PARKING OR DROP OFFS ALONG MAUNGATAUTARI ROAD.**

# OVERFLOW PARKING



# **PARKING FOR THE DISABLED AND ELDERLY**

**Will be in normal parking areas**

**We will have golf carts available to ferry those who need it to the spectator embankment or the boom by RNZ**

**Please show mobility certificates to the car park attendants and ring the number by the chairs.**

# TRAFFIC

Please note the following closures for your trip to Lake Karāpiro:

## Cambridge Expressway March / April

Single Lane in each direction (Northbound) Expect delays.

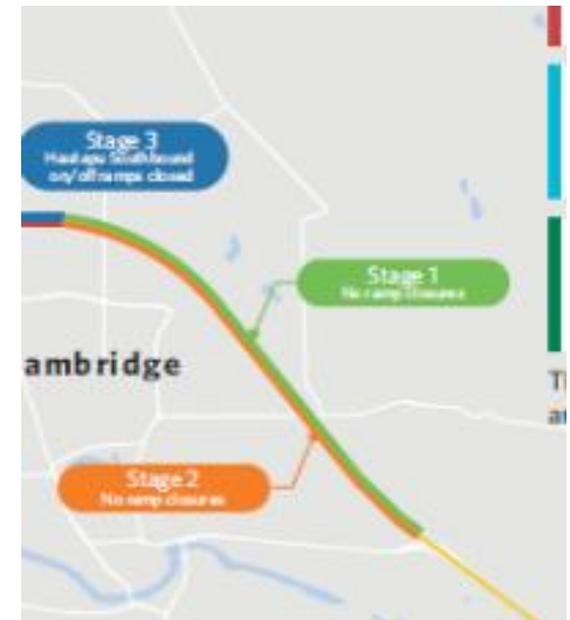
## SH 01 Rangipo to Waiouru 17 February to 9 March.

### Resurfacing

Works are expected to occur on the above dates and SH1 will be closed between Rangipo and Waiouru from 7pm to 6am on Sunday to Thursday nights from Sunday 15 Feb to Monday 9 March due to road rebuilding work.

Speed restrictions will be in place during the day. Expect delays.

Please note that the dam Wall/Hydro Road is now OPEN. Trailers are not permitted.



**KARĀPIRO DAM ROAD OPEN**

# BOAT PARK & TRAILERS

- The Boat Park will be accessible from **10:00 Thursday 5<sup>th</sup> March**
- Trailers that arrive outside of these times must park via Gate 2 on the right in D2 (SEE MAP Previous Slide)
- Please do not place boats on dumps on roads or walkways
- Please ensure there are NO overhangs of boats onto walkways or roads
- No booking of boat racks

**During the regatta, the Boat Park is limited to competitors and coaches only**

**Should you need assistance, please approach any of the KRI volunteers in compliance to assist**

# SQUAD TENTS

- Where space allows, each trailer can erect a 3x3 tent immediately adjacent to the boat trailer.

PLEASE BE COGNISANT OF YOUR NEIGHBOURS AND DO NOT ENCROACH ON THEIR AREA, ESPECIALLY WITH ERGS.

- Trailers allocated parking on the island of Judd Lane can erect a tent on the slope between the Upper and Lower Boat Park.
- Please do not erect any tents along the western side of Judd Lane, under the trees, as the branches are not secure.
- Please ensure all tents are securely tied down and guy ropes are not obstructing any walkways.

# SPECTATOR TENTS

- Can be erected from 1200 Friday 6th March .
- Only transparent bags containing rubbish and recycling will be accepted at the waste station (absolutely no black bags)
- If you have gas present in your tent, you **MUST** have a fire extinguisher readily available.
- Ensure all tent pegs are safely covered.
- Ensure no tent legs or guy ropes obstruct emergency access paths.
- Do NOT remove any bollards when accessing the area.
- Ensure all electrical equipment has been tagged and tested.
- **Tent Supply drop-off:** Please collect a pass from the Office.
- DO NOT drive down the grass bank behind the tents to access the embankment.

No vehicle access along the Spectator Embankment is allowed from 30 min prior to the first race until after the last race. Please drop off food and supplies prior to the start of racing.

Any access outside these times the Safety Officer / Event Manager must be contacted.

**Reminder that the entire venue is ALCOHOL free**

# LIVE STREAMING

- Live Streaming (filming) will occur during all finals, through use of drones

Thanks to our Live Streaming partners



# REGATTA CONTROL

## Declarations

If your school has not completed and returned its declarations its entries are incomplete and it will not be allowed to compete at the regatta.

A reminder went out today to all available contacts from each school that has yet to return its declarations. Adult Safety Officers were included in the reminder

There will be a further reminder for any remaining declarations tomorrow.

# REGATTA CONTROL

- Read the Conditions – posted on the rowIT "profile" tab for each regatta
- Don't ignore calls from **07 827 9222!** Your crew could miss out on racing if you do.
- All three days are full
  - Friday: Heats begin
  - Saturday: Rest of heats to about 1pm then Semi-Finals and C Finals start after a gap
  - Sunday: A & B Finals

Be on time for your races and hope for good weather!

- Heats intervals: 4 mins (U15/Nov 5 mins, maybe 6 mins for octies/eights)
- Heats progressions are partially or fully time based – make sure your crews understand the progression for each event!
- A Finals: 10 min intervals. Petite finals: 5 mins
- **MULTIPLE CREWS in an event?** Check the crew member names – don't guess! Make sure your crews carry the correct bow number

# REGATTA CONTROL

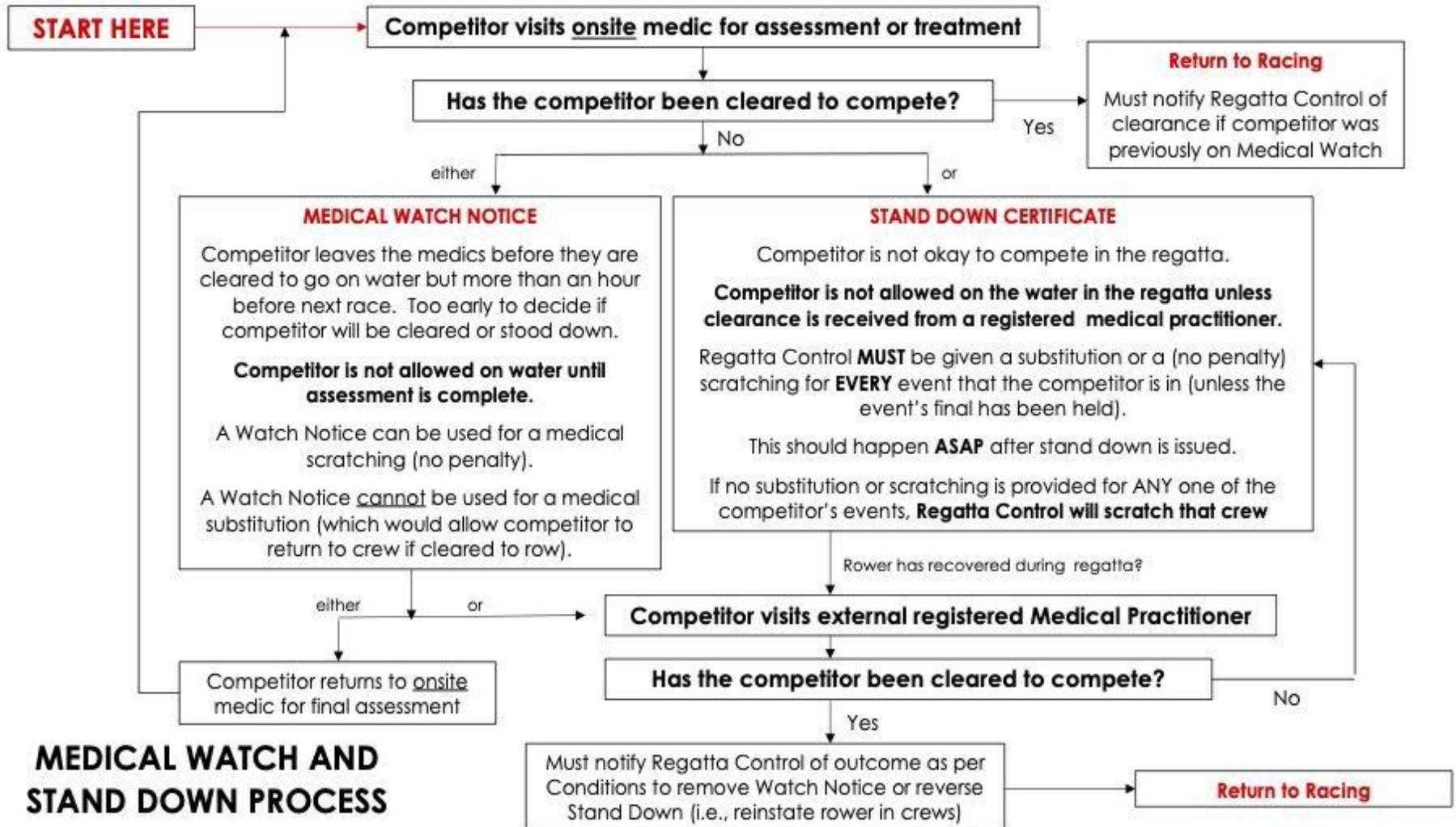
- Substitutions and Scratchings
  - Make subs / scratches no less than 60 minutes before published race start time
    - Medical sub can be made within 60 mins of race with medical certificate from onsite medic or a qualified medical professional
    - Medical scratching has no penalty (\$0).
  - Control Commission will be checking crew names – don't risk being excluded!
  - Alterations can be made on rowIT or at the tower
  - Max of 50% of rowers (plus cox) can be subbed in any boat (includes medical subs). 50% is relative to the crew as entered.
- **Make those scratchings!** Let Regatta Control know, even if it's less than 60 mins before race - otherwise we will be searching for you.
- **If you are scratching out of a final PLEASE let us know in plenty of time so we can find somebody else to fill your spot!**

# REGATTA CONTROL

Potential outcomes of medical assessment by on-site medics:

- a. **Cleared** to continue competing; or
- b. Medical **Watch**: leaves before assessment is complete. Not allowed to race until assessment is completed (can be released by onsite medic)
  - Can be used to medically scratch a crew (\$0) but not to substitute crew members
  - If a watch has not been released prior to race, then crew will be medically scratched and not allowed on the water
- c. Medical **Stand Down**: Not allowed to race for the rest of the regatta (unless cleared by registered medical practitioner to resume competing and remove Stand Down)
  - Must sub competitor out of all crews (or scratch)!

# REGATTA CONTROL



# CONTROL COMMISSION

**There will be NO calling of races. Presume the regatta is on time and be at the Start in good time for your race.**

## **Boat compliance: 100% check!**

- Hatch covers (to be in place as per rules, NO duct tape), heel restraints, quick release, bow balls, compartments empty
- Please check your own boats in the presence of our Compliance Licensed Officials
  - Boats may be checked at any time by the Officials!
  - **IF A BOAT IS NON-COMPLIANT YOU WILL BE TOLD TO RETURN TO THE BOAT RACKS TO RECTIFY THE ISSUE.**

**Name checking** of crews will be carried out

**Coxswain armbands** will also be checked

# CONTROL COMMISSION

## Coaching During Racing and Technological Devices

- **NEW NZSSRA Rule 4.3:** "No boat or member of any crew shall carry any electronic equipment that shall enable communication to be received from any person who is not in the boat. A crew found receiving coaching while racing, in any form, with the use of electronic equipment, may be **Excluded** from the event."

**Crews can carry or wear any devices on a boat. They can communicate with their crew or send data to the shore. But they **CANNOT** receive advice or guidance from the shore using a technological device. Those that do risk Exclusion.**

- **NEW NZSSRA Rule 4.4:** "The Organising Committee may require crews to carry on their boats such equipment as it considers desirable for the better promotion of the sport of rowing (e.g. mini-cameras, microphones, GPS, etc.) provided that such equipment is identical in weight and location for all boats in a race."

# CONTROL COMMISSION

- **Launching Pontoon Area:** Keep this area clear of all belongings (e.g. shoes, oar carriers, loose blades). NO running on the pontoons and only one or two helpers for each boat to avoid overcrowding.
- **Boat Weighing:** There will be boat weighing at this regatta in the KRI Shed. Please test-weigh boats prior to the start of the regatta. **Test weighing will be open from 10:00 on Thursday 5<sup>th</sup> March.**
- **Hot Seating** – at Pontoons – you must notify the Compliance Chief at the gazebo by the on-water pontoons of any hot swaps.
- **Uniform:** Race in your school colours.

# COX WEIGH-IN

- **Cox Weighing:** Will be located in the KRI (Green/Grey) shed (See MAP Slide 6)
- **Coxswains must weigh in** pursuant to Rule 12.5 of the [NZSSRA Rules](#). This is not less than one hour and not more than two hours before their first race **on each day of competition**
  - A **Yellow Card** will be issued if late to weigh in;
  - A no show will result in **Exclusion**.
- Coxswains must weigh in wearing a singlet and shorts combination or an equivalent one-piece garment.

**LONG PANTS/TRACK PANTS WILL NOT BE ACCEPTED**

# COX WEIGH-IN

## WRIST BANDS:

- Once weighed in the cox will be issued a wrist band. The coxswain needs to **keep this on for the day.**
- If the Cox has **dead weight** to carry the wristband is on their **RIGHT wrist**
- If the Cox has **NO dead weight** to carry the wristband will be on their **LEFT wrist.**

## LIFE JACKETS:

- Ensure lifejackets are appropriate and of a good standard.

## DEAD WEIGHT:

- Please ensure weights have no loose straps that can snag.
- If sharing weights, please ensure you re-tie them correctly.
- Ensure crews take their coxswain's weights with them **AT ALL TIMES.**
- **It must not be connected in any way to a crew member, nor should it be of such a composition that it might impede their exit from the boat.**
- To be placed in the boat as close as possible to the coxswain.
- **In a bow-coxed boat, it must not be placed in front of the coxswain.**



# FLOW PATTERN



- **Pontoons:** Ensure correct pontoon is used to enter or exit the water. The center pontoon will be a swing pontoon as advised by the Compliance Team
- **Flow Rotation:** Follow arrows as depicted on next slide
  - White buoy with a **RED** cross must be rounded. This is a NEW Buoy
  - The last **GREEN** buoy must be rounded to enter the Marshalling area
- **Warm Down Area:** Will be available , CAUTION Camera Boats and crossing traffic
- **No Entry Zone:** Between Pontoons and Dam
- **Southern Limit: 100m behind the Start is a buoy Line (weed wires) that **MUST NOT BE CROSSED****
- **Emergency Pontoon:** Outside Medical Rooms. For emergencies only



# THE START

Please note: The start area is a QUIET ZONE!

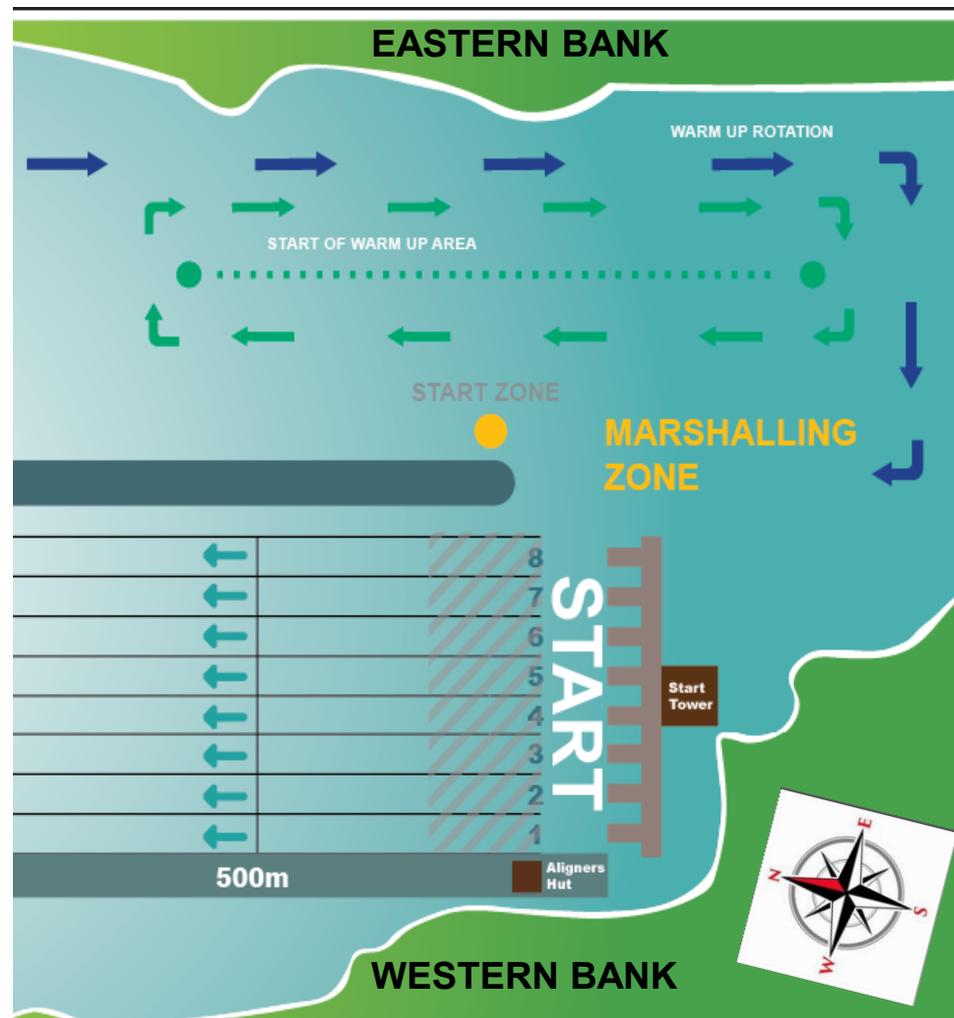
## WARM UP AREA GREEN BUOY LINE:

May be crossed West to East anywhere.

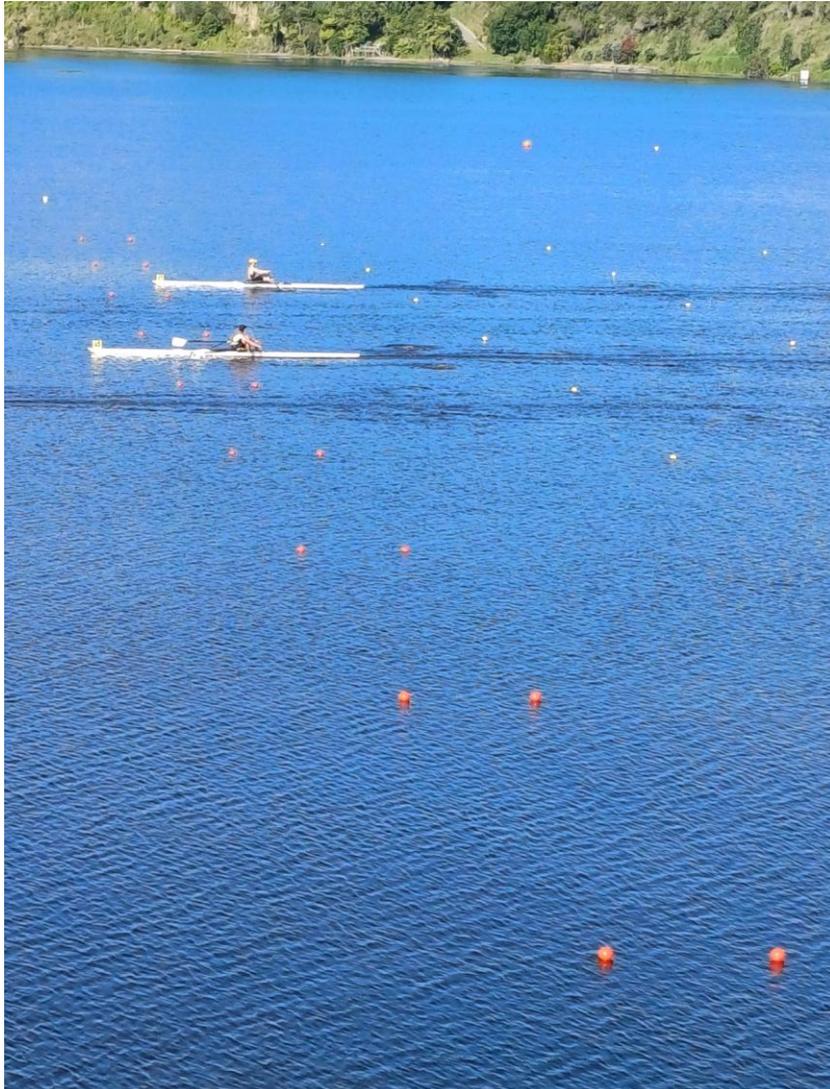
**Never** cross East to West, Southern Buoy **MUST** be rounded.

**A CROSSING OF THE GREEN BUOY LINE IN AN EAST to WEST DIRECTION MAY INCUR A RED CARD AND EXCLUSION FROM YOUR RACE.**

- **Warm Up Area:** Practise Starts allowed in the traffic direction shown
- **Holding Area** (orange buoy): Arrive here 5 mins before start time in lane order 1 to 9. Lane 1 goes in first
- **Marshalling Zone (the area from the Start Tower to the weed wire):** there are to be **NO** practise starts / pieces in this area. Its busy be aware of other boats.
- **No Entry Zone:** Do not go past the buoy line 100m to the south of the Start
- **Held start (the blocks):** Stern first into blocks and start backing close to pontoons
- **Entering the Start:** Please spend some time explaining to your rowers how to enter the start. It is expected your students know how to enter the start blocks during the regatta; crews unable to access the start run the risk of a Lane 0 row home
- **Procedure:** Quick Starts and Roll Call will be made as required. Crews are to be visible 5 mins before their race in the marshalling area behind the Start and held 2 mins before the start of their race. If not held at 2 mins, a Yellow Card may be issued
- **Boat Holders:** Will be present
- A video on the KRI website under "Coaching Resources" explains more about the Start process



# FINISH LINE



- The FINISH line is TWO lines of RED buoys, positioned a meter apart ( $\frac{1}{2}$  m each on either side of the finish line).
- The actual Finish is not demarcated or visible to crews, so please ensure crews continue rowing past the second line of buoys.

# CEREMONIAL

- You will be informed on arrival at the return pontoons of placings
- Crews who qualify for a medal must, return their boat to the Boat Park and walk over to the Ceremonial area immediately
- The presentation will take place as soon as possible after the race
- KRI will endeavour to provide a chaperone to meet the eligible crew/s at the pontoons to escort them to the medal dais. Crews that are dawdling will not be waited for.

# SAFETY OFFICER UPDATE

- **Weather:**

**FRIDAY:** WIND Light and Variable , rising to 6-10kph. Mostly Fine UV index HIGH

**SATURDAY:** WIND Light and Variable , rising to 6-10kph. Mostly Fine UV index HIGH

**SUNDAY:** WIND 4-15kph Gusts to 30kph late afternoon, Partly cloudy UV Index Medium

- **Medical:**

The Medical Team will be in the First Aid room (**see Flow Rotation Map**)

- **Medical Oversight from Safety:**

Oversight extends from On water to Off water.

If a crew miss a race, Safety will not contact Coach / Safety officer

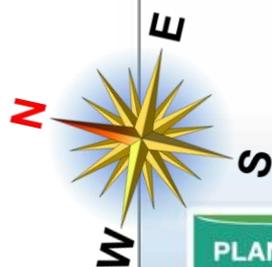
**If there is a Medical Event on the water, Safety will do its utmost to contact Coach / Safety Officer and advise.**

**ANY QUESTIONS / QUERIES PLEASE RING SAFETY OFFICER**

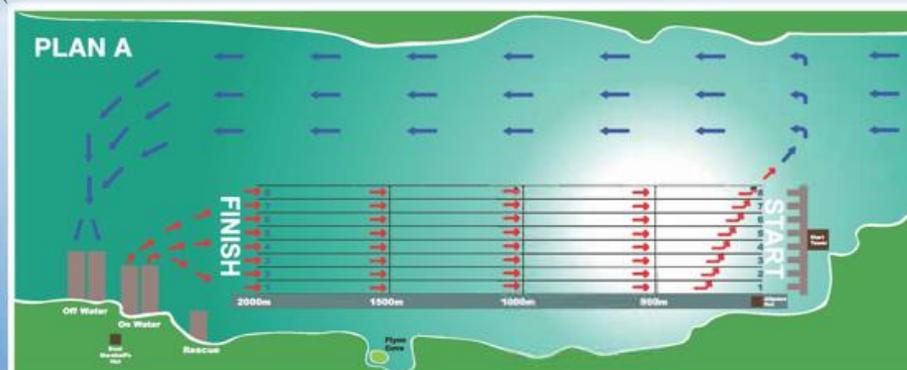
# TRAINING

- **Thursday 5th March : 0700-1000 RNZ have the lake reserved for Trials. Please use the area between the Pontons and the dam around the Pylons in an Anticlockwise direction between this time.**
- **Thursday 5<sup>th</sup> March Training:** Training will be from 10:00 – 17:00. Please advise the Safety Officer if you wish to take advantage. Volunteers (Supporters / Coaches or senior students) will be required to man Safety Boats.
- CLOSED TOE SHOES required , Clogs are OK.
- **Coaches are required to contact the Safety officer of their crew's intent when going on water and when they are off water (NZSSRA Safety System: 11.B)**
- **A WhatsApp / text will fulfill this requirement.**
- **There will be NO opportunity to train before or after racing during the regatta. (NZSSRA Safety System: 11.A)**
- **Training During Regatta:** Training is allowed in the area from the Pontoons to the Dam (in an Anticlockwise direction) A bow training number will be required to be on the Lake. Contact the Chief Control Commission.
- If crews wish to go for a row or transit outside the confines of the course, the Chief Safety officer **MUST** be contacted.

# FLOW PATTERN LAKE OPEN TO THE PUBLIC



## NO LAKE CLOSURE WITH OR WITHOUT BUOYED LANES IN POSITION



- IT IS UNLAWFUL TO UTILISE THE LANES IN A DOWNSTREAM DIRECTION AT ANY TIME (E.G. HEADING FROM THE START LINE TOWARDS THE FINISH LINE)
- IMAGINE THERE IS AN IMAGINARY LINE DOWN THE CENTRE OF THE LAKE. ALL VESSELS MUST KEEP TO THE STARBOARD (RIGHT) SIDE OF THE LAKE.
- USE PLAN A WHEN TRAINING OUTSIDE A LAKE CLOSURE.

# SAFETY OFFICER UPDATE

- **Finish**

Please remind crews **NOT** to lie down in the boat post finish. We are very vigilant of crew member welfare post-race.

- **Assistance in the event of a capsize (NZSSRA Rule 19.2)**

Our Safety Team will first ensure the welfare of a capsized crew and will then clear the course.

Rowers who want to complete their race will not be assisted; this includes not getting into Safety / Umpire boats and rowers not being held or touched by Umpires / Safety.

The skiff can be held, for the safety of crews for re-entering the skiff, and/or manoeuvred off the course by the Safety Team.

- **Evacuation point**

If an incident occurs requiring an evacuation of the complex, it will be announced over WhatsApp and the PA system both in the Boat Park and on the Bank.

ALL attendees are to evacuate up the hill toward the camping ground or car park areas.

# PERSONAL/SAFETY

- **Temperature:** Hot, be appropriately dressed
- **Student Welfare:** Hydration/food
- **Medical Conditions:** Please ensure competitor on-water medical conditions are updated accurately in rowIT.
- If a rower requires an electronic device for Medical reasons please advise the Chief Safety Officer.
- **EPI-PENS:** If required, please ensure they are carried by students.
- **Unsportsmanlike Behavior:** Please refrain from using bad language on the water and ensure that ALL officials and volunteers are treated with respect.

# REMINDERS

- Compliant bow balls / heel restraints / hatch covers
- Traffic flow rotation
- Limited race calling , ensure you are on time and allow sufficient time
- ALL your rubbish must be sorted into the various bins at the sorting station or taken off site
- ALL boats and equipment must be washed down.
- Please note requirements in regards to Boat Trailers and Parking.
- Coaches ANY ISSUES please talk to us early rather than later!
- **TROPHIES:** Please return ALL NISS Trophies to the KRI regatta office as soon as possible.
- There were many examples in the presentation of important information, Traffic, Parking, Rubbish , Rules of the Regatta, Regatta Control and Safety.

**ENSURE ALL THIS INFORMATION IS PASSED ON**

# RULE DIFFERENCES to Club Rules

- **Lake Access:** Under NZSSRA rules, crews are only allowed on the lake when the Green Flag is up at the Numbers Hut. **Being on the lake if the Red Flag is up (or no flag is up) is a breach of the Safety System.**
- **Training:**
  - Coaches MUST advise Safety of their crews and intent during racing.
  - There is NO Training permitted on the lake Pre or Post Racing for Regatta Participants – even when the lake is open to public. NZSSRA rules make KRI responsible for those crews and KRI does not have capacity for this.
- **Rescue:** If assistance is given to crews during a rescue they may be unable to complete the race.
- **Damage (Start Zone) first 100m (no longer different to RNZ):** The Umpire **MAY** stop the race for Damage (Start Zone) in the first 100m. (Used to be "must" stop the race)
- **Behaviour: (NZSSRA Item 20):** Abuse to Parking staff , Waste Warriors and / or Volunteers OR ignoring instructions of our team could result in your school being removed. We will not tolerate this type of behaviour to our people.

# QUESTIONS

## Contact Details:

### Operations: Carol

Email: [operations@karapirorowing.com](mailto:operations@karapirorowing.com)

Phone: 027 506 6544

### Chief Safety Officer: Greg

Email: [safety@karapirorowing.com](mailto:safety@karapirorowing.com)

Phone: 027 336 0873

### Boat Park Manager: David

Email: [boatpark@karapirorowing.com](mailto:boatpark@karapirorowing.com)

Phone: 021 810 182



This presentation will be on the KRI website after the meeting.