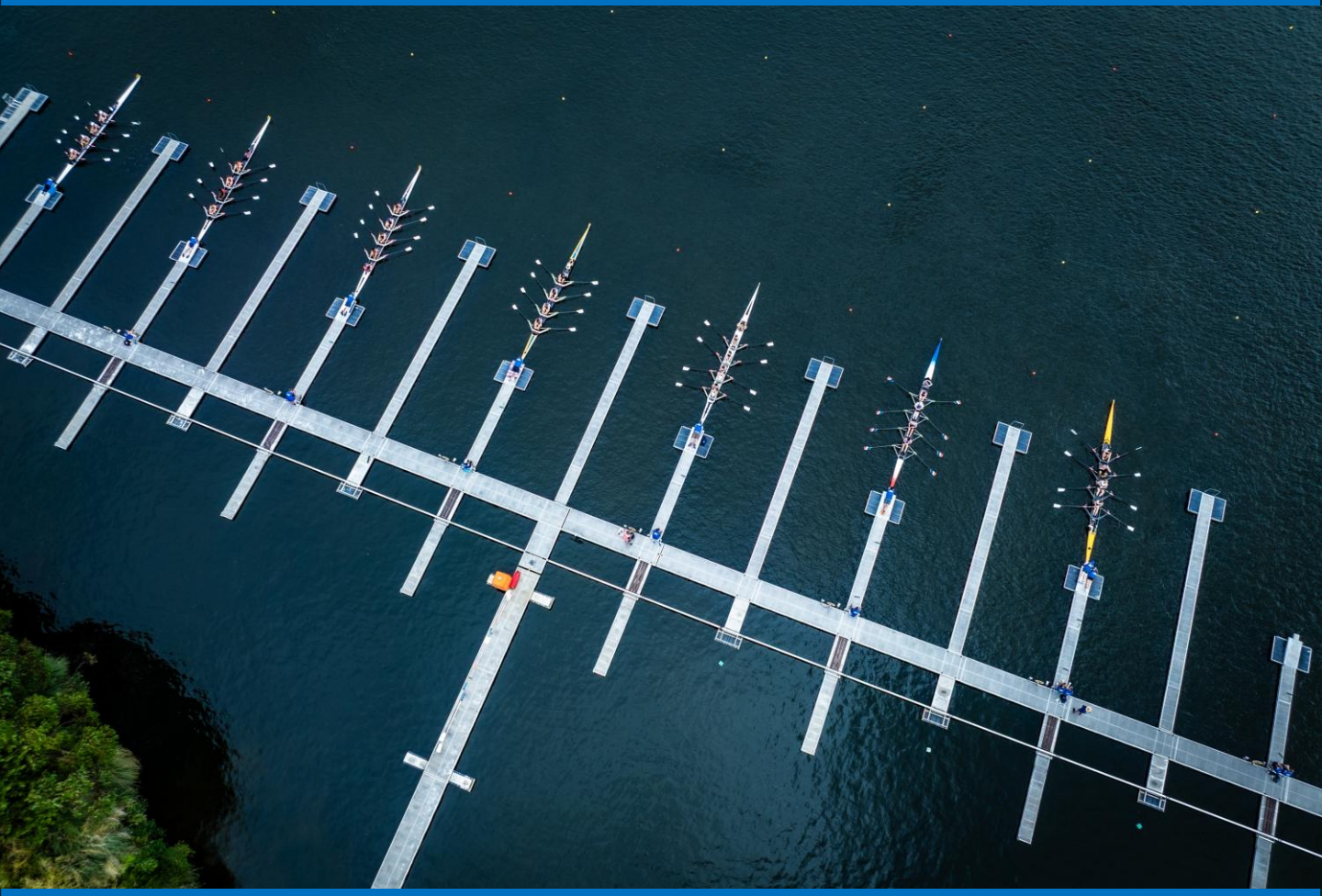
Karāpiro Rowing

ROWING NEW ZEALAND

2026 / 2027 Regatta Season Information



Important Information for All Those Attending Regattas Hosted by KRI

WELCOME TO LAKE KARĀPIRO

Dear Rowing Friends,

It is our pleasure to welcome rowers, coaches, administrators and supporters to Lake Karāpiro for the 2026/27 regatta season.

This document is to provide team managers, participants and supporters with what they need to attend and participate in regattas hosted by Karāpiro Rowing Incorporated (KRI). We encourage all regatta attendees to familiarise themselves with its contents before arriving on site.

We would like to acknowledge and thank our regatta sponsors for their valued financial support . Most importantly, we extend our sincere appreciation to the many volunteers who generously give their time and energy, often sacrificing their weekends, to help deliver regattas of the highest standard. Their dedication and commitment are essential to the success of our events.

If you have any questions, or if there is anything we can assist you with, please do not hesitate to get in touch.

Warm regards,

The Karāpiro Rowing Incorporated Regatta Organising Committee

PREPARING FOR AN EVENT AT KARĀPIRO

TIMELINE-

3

3 WEEKS BEFORE THE REGATTA

- Regatta Notice and Conditions published on rowIT
- Entries open

10

10 DAYS BEFPRE THE REGATTA

- Entries close
- Supplementary entries can be accepted after entries close, up to the day before the regatta, subject to availability

WEEK OF

WEEK OF THE REGATTA -NO LATER THAN WEDNESDAY

- Tent site allocations published on the KRI website
- Trailer parking allocations published on the KRI website

3

3 DAYS BEFORE THE REGATTA

- Regatta Information and Safety Briefing conducted via Microsoft Teams at 6:45 pm

1

DAY BEFORE THE REGATTA

- Boat Park opens at 10:00 am
- Supervised training available on the lake
- Supplementary entries and online crew changes close at 8:00 am
- Day Sheet published by 2:00 pm at the latest
- Following publication of the Day Sheet, crew changes can be submitted via rowIT (email format) in accordance with the Regatta Conditions

General Regatta Information

Regatta Formats:

Each September, KRI publishes a **Regatta Formats** document that outlines the format, eligible entrant categories, and entry limits for each regatta. The formats are developed in consultation with KRI's Member Associations. If you have feedback or concerns regarding regatta formats, please contact your Association.

Regatta Calendar:

The Lake Karāpiro regatta calendar is confirmed annually in May, after which regatta dates are published on both rowIT and the KRI Website.

Regatta Entry Fees:

KRI regatta entry fees are approved annually at the KRI AGM in September. Entry fees for the North Island Secondary Schools Championships, Maadi Regatta, and New Zealand Rowing Championships are determined by their respective governing bodies.

Regatta Information:

Each regatta has a dedicated page on the KRI website where key event information is published, including Regatta Information Letter, Tent Site Allocations, Trailer Parking Allocations, Regatta Information and Safety Briefing Presentation. Use the following **LINK** and select the relevant regatta from the list.

Live Streaming:

KRI provides live streaming of finals racing at the Christmas and North Island Rowing Championship Regattas. Rowing New Zealand provides live streaming for the North Island Secondary Schools Championships and the Maadi Regatta. Live streaming links can be found **here**.

General Regatta Information cont.

Coach Resources:

The KRI website includes a Coaches' Resources section containing guidance and instructional material, including information on accessing and navigating the Start.

rowIT:

rowIT provides access to regattas throughout New Zealand, including regatta dates, entries, draws and day sheets, announcements, and results.

Rules of Racing:

Regattas are conducted under either the **Rowing New Zealand Rules of Racing** or the **New Zealand Secondary Schools Rowing Association (NZSSRA) Rules of Racing**, depending on the event. Participants, coaches, and administrators are encouraged to familiarise themselves with the applicable rules before attending.

Regatta Conditions:

Each regatta conducted by KRI is governed by a specific set of Regatta Conditions. Club and school officials are responsible for ensuring they have read and understood the conditions applicable to each event they attend, which may include event-specific requirements, operational procedures, and permitted variations to the Rules of Racing. Regatta Conditions are available on both the KRI website and rowIT (via the “Profile” tab for the regatta).

Regatta Communications

To assist with timely distribution of important information, KRI operates two WhatsApp groups that regatta attendees are encouraged to join.



Coaches and Managers

Group intended for coaches, team managers and other key personnel. Communications include:

- Regatta status updates
- Schedule changes and race timing information
- Safety notices
- Operational updates and reminders



Supporters and Spectators

Group intended for parents, supporters and spectators. Communications include:

- Parking information and fees
- Overflow parking notifications
- Regatta status updates
- General event information

KRI Regatta Information Letters
Those wishing to receive KRI Regatta Information Letters and other general communications can ask to be added to the mailing list by contacting **operations@karapirorowing.com**.

Parent/Caregiver Lead Contact Details
KRI is committed to improving communication with parents/caregivers and reducing the administrative burden on coaches. To support this, KRI requests the contact details of the designated parent/caregiver representative for each club or school where relevant. These details are collected through rowIT as part of the regatta entry process and are used to distribute important event information directly to parent/caregiver groups when required.

TRAILER PARKING AND BOAT PARK ACCESS



Trailers may arrive on site from **10:00 am on the day prior to the commencement of each regatta**, unless otherwise specified in the Regatta Conditions or event notices. The designated trailer parking plan will be published on the KRI website during the week of the regatta, no later than Wednesday. Please ensure all trailer drivers have a copy of the parking map and are familiar with their allocated parking location before arrival.

A parking marshal will be available from **10:00 am until 6:00 pm** on the day prior to the regatta to assist with trailer parking. Clubs and schools are encouraged to arrive during these hours where possible. Any trailers arriving before 10:00 am or after 6:00 pm must park temporarily in **D2** (enter via Gate 2 and follow signage behind the Mighty River Domain offices). These trailers must be relocated to their allocated parking location once the Boat Park officially opens.

As Mighty River Domain is owned and managed by the Waipā District Council, access to the Boat Park outside booked regatta periods requires prior approval in case these areas are booked for campground or overflow parking for other events. Clubs wishing to arrive earlier than the day prior to the regatta must obtain approval from both Mighty River Domain (info@lakekarapiro.co.nz) AND the KRI Operations Manager (operations@karapirorowing.com).

All trailers must be removed from the site no later than **8:00 pm on the final day of the regatta**, unless alternative arrangements have been approved by Mighty River Domain.

BOAT PARK

Important Boat Park Requirements

- No cars or tow-vehicles are permitted within the Upper or Lower Boat Parks.
- Ensure boats do not protrude into roadways, pedestrian walkways, or cycle paths.
- Boats must not be stored on roadways or footpaths.
- Trailers must be secured using appropriate wheel chocks.
- Subject to available space, a **3m x 3m gazebo** may be erected immediately adjacent to a trailer, provided it does not obstruct walkways or neighbouring allocations.
- Trailers allocated to the Judd Lane island area may erect a **3m x 3m gazebo** on the embankment between the Upper Campground and Lower Boat Park.
- Tents must not be erected beneath trees along Judd Lane due to safety risks.

Boat Racks

Some boat racks are intentionally left folded down to allow trailer access during setup. Please do not raise these racks; KRI staff and volunteers will erect them when appropriate.

Tow Vehicle Access

Tow-vehicles are NOT permitted within the Boat Park while racing is underway. Should access be required during racing, permission must first be obtained from the Event Manager or Chief Safety Officer. If approval is granted, the vehicle and/or trailer must be accompanied by spotters positioned at all corners of the vehicle to ensure pedestrian safety.

BOAT QUANTITIES

Clubs and schools are requested to accurately declare the number and types of boats they will be bringing to each regatta. This information assists KRI in providing sufficient boat racks and allocating appropriate trailer parking space. Trailer parking allocations and maps can be found on the KRI website under the relevant regatta page.

Boat Park Access During Regattas

For safety and operational reasons, access to the Boat Park during regattas is restricted to **athletes, coaches, officials, and authorised volunteers**. Individuals may be asked to present a Coach Pass or other accreditation as proof of access rights. Coaches are asked to assist KRI by ensuring parents and supporters remain outside the Boat Park. If you notice supporters from your club within a restricted area, please ask them to return to designated spectator spaces.

COACHES PASSES

Coach Passes are issued based on coach information submitted through the rowIT entry process. If a coach is not assigned to a specific crew, they should be recorded using the "Unallocated Coaches" form in order that they receive a pass. Coaches are issued one Coach Pass per season.

Lost passes may be replaced; however, a replacement fee will apply. As Coach Passes provide parking and venue access privileges, it is important that they are kept secure throughout the season.

A Coach Pass provides:

- Complimentary parking via Gate 3 and designated coach parking areas.
- Access to the Boat Park.
- Access to the Coaches' Room.
- One complimentary hard copy of the Day Sheet.

Coach Passes can be collected from the Regatta Office, located on the ground floor of the Finish Tower.



SUPPORT VEHICLE PASSES

Each club or school will be issued with one Support Vehicle Pass. The pass must be clearly displayed in the vehicle at all times. This pass permits a designated tow vehicle or equipment trailer vehicle to park in approved areas, including:

- Upper Judd Lane.
- Upper Campground (where applicable).
- Overflow parking area D2 via Gate 2.

Support Vehicle Passes can be collected from the Regatta Office, located on the ground floor of the Finish Tower.



Tent Servicing Pass

Each entity allocated a Tendered Tent Site or Spectator Tent Site will be issued with a Tent Servicing Pass. This pass permits temporary vehicle access to the main spectator embankment for the delivery of food, equipment, and other essential supplies. Conditions of use include:

- A maximum access period of 20 minutes per visit.
- Vehicles must be removed immediately after servicing and relocated to General Parking via Gate 3.
- Access is permitted only until 30 minutes prior to the commencement of racing and then after racing has concluded.
- The pass must be clearly displayed in the vehicle window at all times.

Tent Servicing Passes can be collected from the Regatta Office, located on the ground floor of the Finish Tower.

Vehicle Access Restrictions

For safety reasons, tow vehicles are not permitted on the spectator embankment while racing is in progress. Should exceptional circumstances require vehicle access before the conclusion of racing, approval must first be obtained from the Event Manager or Chief Safety Officer. Where approval is granted, the vehicle and/or trailer must be accompanied by spotters positioned at all corners of the vehicle to ensure the safety of participants and spectators.

SPECTATOR AND ATHLETE TENTS

KRI offers several tent options for clubs, schools, athletes and supporters.

Tendered Tent Sites

Every two years, KRI issues a tender for spectator sites 1A-12A and 24A-24B. Successful applicants are allocated the same site for all KRI regattas during the two-year tender period. The current tender process has been completed, and allocations confirmed for the next two seasons and will be re tendered after the 27/28 season.

Spectator Tent Sites

Spectator tent sites can be booked on a regatta-by-regatta basis through the rowIT entry process.

During the booking process, clubs may request:

- Front or rear sites
- Powered or non-powered sites

Please note, as front-row sites are limited, not all requests can be accommodated. Where demand exceeds availability, allocations are determined by random ballot.



Day Sites

For major regattas including Christmas Regatta, North Island Rowing Championships, North Island Secondary Schools Championships, and the Maadi Regatta, KRI utilises the Upper Campground area for trailer parking and also provides bookable **Day Sites**. Day Sites can be used for athlete rest and recovery and day shelters. Overnight accommodation is not permitted. To book day sites, either email operations@karapirorowing.com or book via rowIT when completing regatta entries. For all other regattas, Day Sites can be booked directly through **Mighty River Domain**.

Tent Adjacent to Club Trailer

Where space permits, clubs may erect a small gazebo (max **3m x 3m**) adjacent to their allocated trailer parking area.

General Tent Site Requirements

The following requirements apply to all tent sites:

Spectator tents may only be erected from **12:00 pm on the day prior to racing**.

Any tent containing gas appliances must always have a readily accessible fire extinguisher available.

All tent pegs must be adequately covered or protected to prevent injury.

Tent legs, guy ropes, equipment and furniture must not obstruct emergency access routes, walkways or neighbouring sites.

Bollards must not be removed when accessing tent sites. Please use designated access points only.

All electrical equipment leads and appliances must be appropriately tested and tagged, with current electrical certifications where required.

Clear plastic bags must be used for rubbish and recycling. Black rubbish bags will not be accepted at waste stations, as contents must be visible for sorting and inspection.

Tent holders are responsible for maintaining their site and ensuring all rubbish, damaged equipment and other materials are removed at the conclusion of the event.

- **Tent Servicing**
- No vehicle movement will be permitted on the main Spectator Embankment or within the Upper Campground once regatta operations commence. Vehicle access to these areas will cease **30 minutes before the start of racing** and will not resume until racing has concluded for the day.
- Following the delivery of equipment or supplies, servicing vehicles must be removed and parked in the designated General Parking area. A valid **Tent Servicing Pass** must be always displayed when undertaking servicing activities.

- **Live Streaming in Spectator Tents**
- For selected regattas, KRI provides the option to live-stream racing directly into spectator tents located within the first twelve sites on the main spectator embankment.

SAFETY AND RESPONSIBILITIES

Safety Officer:

Each club or school must nominate a Safety Officer in rowIT. The nominated person must register for and attend the mandatory online Regatta Information and Safety Briefing.

Swimming ability:

All participants must be able to swim 50 metres and tread water for 3 minutes. Anyone unable to do so must wear a lifejacket.

Medical information:

Record relevant on-water medical conditions in rowIT before the regatta. Ensure required EpiPens are readily available and advise the Chief Safety Officer about medically required electronic devices.

Lake traffic:

Crews, coaches and support craft must follow the traffic pattern in force. Check whether the lake is open to the public or booked by KRI and follow the flags and supervision arrangements.

Boat safety:

Check boats and safety equipment before arrival. Boats that do not meet the required safety standard cannot be launched until issues are corrected.

Pontoons:

Keep launching areas clear, do not run on pontoons, and limit helpers to one or two per boat.

Restricted areas:

Boat Park access is limited to athletes, coaches, officials and authorised volunteers. Parents and supporters must remain in designated spectator areas.

Medical stand-downs:

A competitor issued with a Medical Stand Down must not return to the water unless the required independent medical clearance has been accepted by Regatta Control.

Emergency instructions:

If an evacuation is required, follow instructions from event staff, volunteers and emergency services.

HEALTH AND SAFETY

Infectious Diseases

All schools and clubs are responsible for managing athlete health within their own Health and Safety plans, including immunisations and the prevention of infectious disease transmission.

Please do not attend any event at Lake Karāpiro if you are unwell or experiencing symptoms of a contagious illness, including gastroenteritis or measles.

If you become unwell during an event or are concerned about the wellbeing of another attendee, please seek medical assistance immediately and follow any medical advice provided. This may include returning home or to your accommodation and isolating from others.

For free health advice and support, Healthline can be contacted 24 hours a day on 0800 611 116.

Medical Conditions

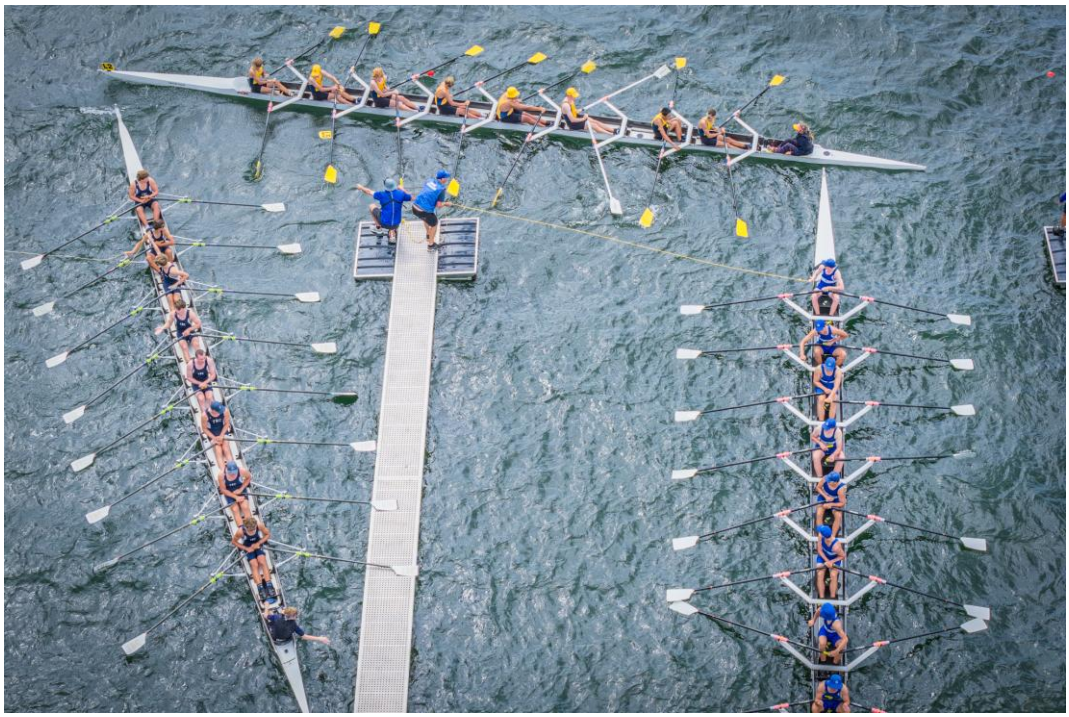
Please ensure all relevant competitor on-water medical conditions are accurately recorded in rowIT prior to the regatta. If a rower requires the use of an electronic device for medical reasons while on the water, please advise the Chief Safety Officer before the commencement of the event.

EpiPens

Competitors who require an EpiPen must ensure it is readily available and carried in accordance with their individual medical management plan.

Nonswimmers

It is a requirement at KRI regattas that all participants can swim 50 metres and tread water for 3 minutes. IF NOT, A LIFEJACKET MUST BE WORN. Further details can be found in the KRI Nonswimmer and Lifejacket Policy



REGATTA INFORMATION & SAFETY BRIEFINGS

The Regatta Information and Safety Briefing is conducted via a Microsoft Teams Webinar at 6:45 pm, three days prior to the commencement of each regatta.

Links to the briefing webinar are included in both the Regatta Conditions and the Regatta Information Letter distributed approximately one week prior to each event.

All Safety Officers **must pre-register for the webinar** using the registration link provided. Upon registration, a webinar joining link is automatically emailed to the participant. Please check your spam folder if you cannot find the email.

Each entity must nominate its Safety Officer during the rowIT entry process. Should the nominated Safety Officer become unavailable to attend the briefing, the entity must notify KRI of a replacement by emailing **safety@karapirorowing.com** prior to the commencement of the regatta.

The nominated Safety Officer must attend the briefing and fulfil the responsibilities of a Safety Officer, as prescribed in the Rules of Racing, for the duration of the regatta.

Attendance at the Safety Briefing is mandatory. To ensure participant safety, entities whose nominated Safety Officer has not attended the briefing will not be permitted to participate until the briefing requirements have been satisfied.

Any amendments or updates to the information contained within this document will be highlighted during the Safety Briefing.

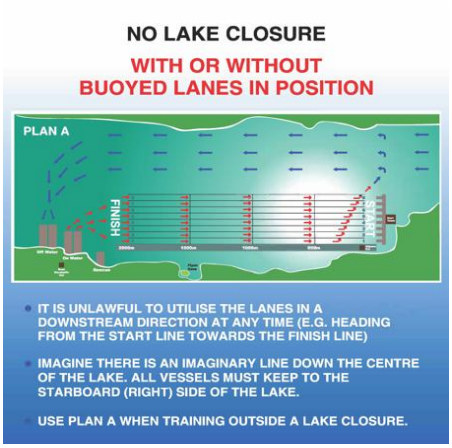
Repeated failure to attend Safety Briefings may result in formal follow-up action, including replacement of the Safety Officer and the imposition of financial penalties in accordance with the Regatta Conditions.

Important!: The person who attends the Safety Briefing will be deemed the entity's designated Safety Officer for the duration of the regatta. This ensures that an appropriately briefed and contactable representative is available on-site throughout the event.

ON-WATER TRAFFIC FLOW

Lake Karāpiro is a public waterway and is shared with a variety of other lake users. To ensure safety and efficient operation, all crews, coaches and support craft must comply with the designated traffic flow pattern applicable at the time.

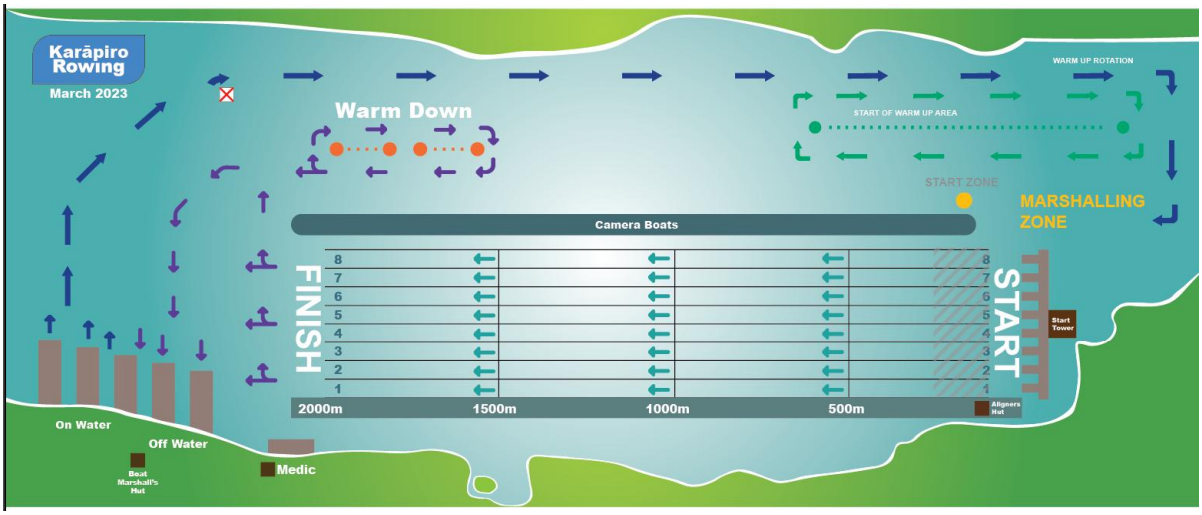
There are **two traffic flow patterns** in operation at Lake Karāpiro:



When the lake is OPEN TO THE PUBLIC, the flow pattern is as to the map to the left:

When the lake is booked by KRI, the Numbers Hut will be open and the Regatta Flags will be flown (RED=Lake closed, GREEN=Lake open). Any movement on the lake will be supervised.

When the lake is CLOSED TO THE PUBLIC, the flow pattern is:



Please note: Practice starts must be conducted in the warmup area (Green lines) and NOT in the marshalling area.

This traffic flow map is also displayed on the rear of the Numbers Hut for easy reference. If you have any questions regarding traffic flow patterns, observe crews or other lake users not complying with the designated traffic flow, or identify any safety concerns, please contact the **Chief Safety Officer** immediately using the contact details provided in this document.

COMPLIANCE

All boats must comply with the applicable Rules of Racing and associated safety requirements.

Boats that do not meet the required safety standard will not be permitted on the water until the identified issues have been rectified. As part of the compliance process, crews may be required to conduct safety checks on their boats in the presence of a Licensed Race Official.

Common Compliance Checks

The following items must be checked before arriving at the regatta:

- Hatch covers fitted and secured in accordance with the Rules of Racing (duct tape is not an acceptable substitute).
- Heel restraints correctly fitted and functioning.
- Quick-release mechanisms operating correctly.
- Bow balls securely attached and compliant.
- Watertight compartments empty and properly sealed.
- These checks are simple but essential to ensuring the safety of all participants. Please support us in maintaining a safe racing environment by ensuring your boats are fully compliant before launching.

Launching Pontoon Area

To ensure the safe and efficient movement of crews, please keep the launching pontoon area clear of all personal belongings and equipment, including shoes, oar carriers and loose blades.

No running on the pontoons.

A maximum of one or two helpers per boat should be present to avoid congestion and overcrowding.

Hot Seating

Any hot seating arrangements or crew swaps must be notified to the **Compliance Chief** at the compliance gazebo adjacent to the on-water pontoons before the relevant race.

Boat Marshal

Races will not be called over the public address system. Crews should assume that the regatta is running on schedule and ensure they arrive at the Start with sufficient time to marshal for their race. For live race timing and schedule updates, please refer to rowIT.

COXSWAIN WEIGH-IN

Coxswain weigh-in is conducted in the **KRI Shed.** Coxswains must weigh in in accordance with the Rules of Racing and any event-specific requirements outlined in the applicable Regatta Conditions.

Important Information

- A test scale is available near the entrance and should be used to check weight prior to weigh-in.
- Weight adjustments may not be made during the official weigh-in process.
- If a queue is likely to result in a late weigh-in, please notify a KRI volunteer immediately.

Wristbands

- Following weigh-in, each coxswain will be issued with a wristband, which must be worn for the duration of the day.
- **Right wrist**: Coxswain carrying dead weight.
- **Left wrist**: Coxswain not carrying dead weight.

Life Jackets: All coxswain life jackets must:

- Be appropriately sized.
- Be in good condition.
- Meet the requirements of the applicable Rules of Racing.

Dead Weight: Where dead weight is required:

- Ensure there are no loose straps or attachments that could snag.
- If weights are shared between crews, ensure they are correctly secured before use.
- Crews are responsible for transporting their own coxswain's weights.
- Dead weight must not be attached to any person.
- Dead weight must not impede a crew member's ability to exit the boat in an emergency.
- Dead weight should be placed as close as practicable to the coxswain.
- In bow-coxed boats, dead weight must not be positioned in front of the coxswain.

BOAT WEIGHING

Boat weighing will be conducted in the **KRI Shed** when required.



TRAINING

Supervised pre-regatta training will be available on the day before each regatta. The availability of training is dependent on KRI securing sufficient volunteers to safely supervise on-water activities. Clubs and schools may be asked to provide suitably experienced coaches, parents, or other volunteers to assist with supervision where required.

Volunteer Requirements: Volunteers assisting with supervised training must:

- Wear suitable clothing for the prevailing weather conditions.
- Wear closed-toe footwear (clogs are permitted provided the heel strap is secured).
- Attend the required briefing prior to commencing duties.
- Use the equipment provided and comply with all safety instructions.

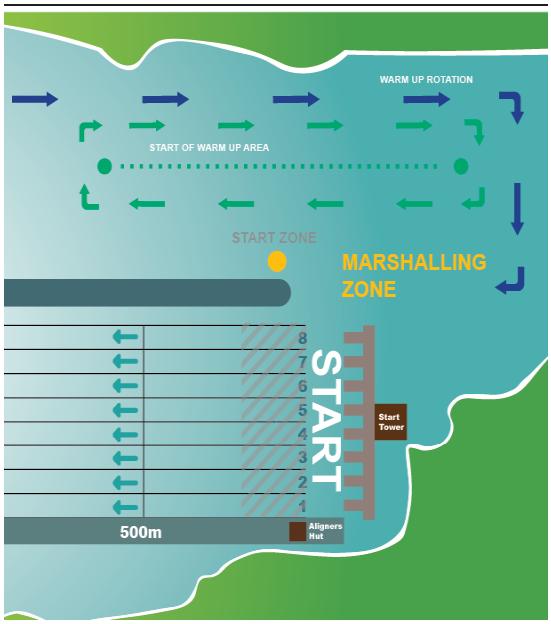
Full briefings and any required equipment will be provided by KRI. The specific training hours for each regatta will be published in its Regatta Information Letter.

START

Warm-Up Area - Green Buoy Line

The Green Buoy Line may be crossed from west to east at any point.
The Green Buoy Line must NOT be crossed from east to west. Crews travelling east to west must round the southern-most buoy before continuing. Crossing the Green Buoy Line from east to west may result in a Red Card and exclusion from the race.

Key Areas



Warm-Up Area

- Practice starts are permitted in the direction of traffic flow shown on the course map.

Holding Area (Orange Buoy)

- Crews should arrive approximately five minutes before their scheduled start time.
- Crews should assemble in lane order, with Lane 1 entering first.

Marshalling Zone

- The Marshalling Zone extends from the Start Tower to the weed wire.
- No practice starts; pieces or high-intensity rowing are permitted in this area.
- Crews should remain aware of other traffic, as this area can become congested.

No Entry Zone

- Crews must not proceed beyond the buoy line located approximately 100 metres south of the Start.

Held Start (Start Blocks)

- Crews should enter the start blocks stern-first and begin backing down as they approach the pontoons.

Entering the Start

Coaches are encouraged to spend time familiarising crews with the start procedures before the regatta season begins. Crews are expected to be capable of attaching to the start pontoons efficiently and safely. Crews unable to enter the start may be directed to complete a Lane 0 row home and so miss their race.

Start Procedure

- Quick Starts and Roll Calls will be conducted as required.
- Crews must be visible in the marshalling area behind the Start five minutes before their race.
- Crews should be attached to the start and under the Starter's control two minutes before their scheduled start time.
- A Yellow Card may be issued to crews that are not ready to start at the required time.

Boat Holders

Boat Holders will be available at the Start to assist crews.

Additional Information

A video explaining the Start procedures and best practice for entering the start blocks is available in the Coaching Resources section of the KRI website.

ACCESSING THE START

A key contributor to regatta delays is crews having trouble attaching to the start pontoons. KRI therefore asks all coaches to ensure their athletes are familiar with the start process before attending a regatta.

Rule 55 of the RNZ Rules of Racing states:

> ***Each crew is responsible for being at the Start and ready to race two minutes before the scheduled start time.***
> ***Crews are responsible for ensuring they are straight and ready to race.***
> ***A crew that is not at the Start and ready to race two minutes before the scheduled start time may be Excluded.***

To assist crews in preparing for the season, KRI strongly encourages coaches to share the instructional video demonstrating the correct method for approaching and attaching to the start blocks.

FINISH LINE

The **finish line** is located between two lines of **red buoys** positioned **one metre apart**, with the finish line located midway between them.

The actual finish line is not physically marked or visible from boats. Crews must continue rowing through and beyond the second line of red buoys before easing pressure.

REGATTA CONTROL

Crew Substitutions

- Very important – for reasons of safety (who is on the water right now?) and the Rules
- Penalty for not informing Regatta Control (for coxes as well as rowers) can be Exclusion
- Must be made at least 60 mins before the published race start time (unless have Chief Umpire approval)
- Up to 50% of rowers in a crew (plus cox) can be subbed before that crew's first race in the event
- No substitution is permitted after first round of racing except for medical reasons
- A single sculler cannot be substituted except for medical reasons.
- No penalty fee for substitutions

Scratchings

- Incur a penalty fee (late / DNS / nonprogression)
- Cannot necessarily be reversed, as slot may be filled by a promoted crew…be careful!
- Medical scratches do NOT incur a penalty fee
- Medical changes due to stand down MUST be accompanied by medical stand-down certificate from onsite medics or a note (emailed to regattacontrol@karapirorowing.com or brought to tower) from registered medical practitioner
- If a competitor is being substituted or scratched out of a crew with a medical stand down, they must be substituted or scratched out of ALL their crews
- A competitor who is medically substituted out can be restored to their crews later ONLY if a medical clearance is received from external registered medical practitioner (NOT the onsite medics) stating that competitor is sufficiently recovered from original condition to compete again.
- They will be restored to ALL the crews out of which they were substituted
- Onsite medics can also issue a Medical Watch notice: the competitor is not fit to row right now, but the watch can be reversed by the onsite medic on reassessment
- A Medical Watch notice cannot be used for a medical substitution – i.e., if the rower is substituted while on a Watch, they cannot be reinstated.

REGATTA CONTROL

MEDICAL WATCH /STAND DOWN

A Medical Stand Down Certificate is issued by the on-site medics for a competitor who is too ill or injured to be able to complete their next race. **This competitor is then not allowed on the water for the remainder of the regatta unless they have been cleared to row. They must be removed by their club from all their events by submitting medical (zero fee) scratchings and/or medical substitutions**.

A competitor who is medically substituted out of crews can be reinstated, but only once an independent registered medical practitioner assesses them as restored to health from the above illness/injury and written evidence of this is provided to Regatta Control (regattacontrol@karapirorowing.com).

Guidelines on Medical Stand Down Certificate

When a stand down medical certificate is issued by the on-site medics, the competitor is not allowed on the water again at the regatta.

The competitor needs to be scratched or substituted out of all their remaining crews (though the substitutions can be reversed if a medical clearance is accepted by Regatta Control).

Regatta Control will accept the medical stand down certificate as medical evidence of injury or illness allowing a medical substitution to be made to replace the crew member in their crews. It can also be used to support a medical (zero fee) scratching.

Medical Clearances

There is provision for a competitor who has been granted a medical substitution out of crews to be reinstated into those crews.

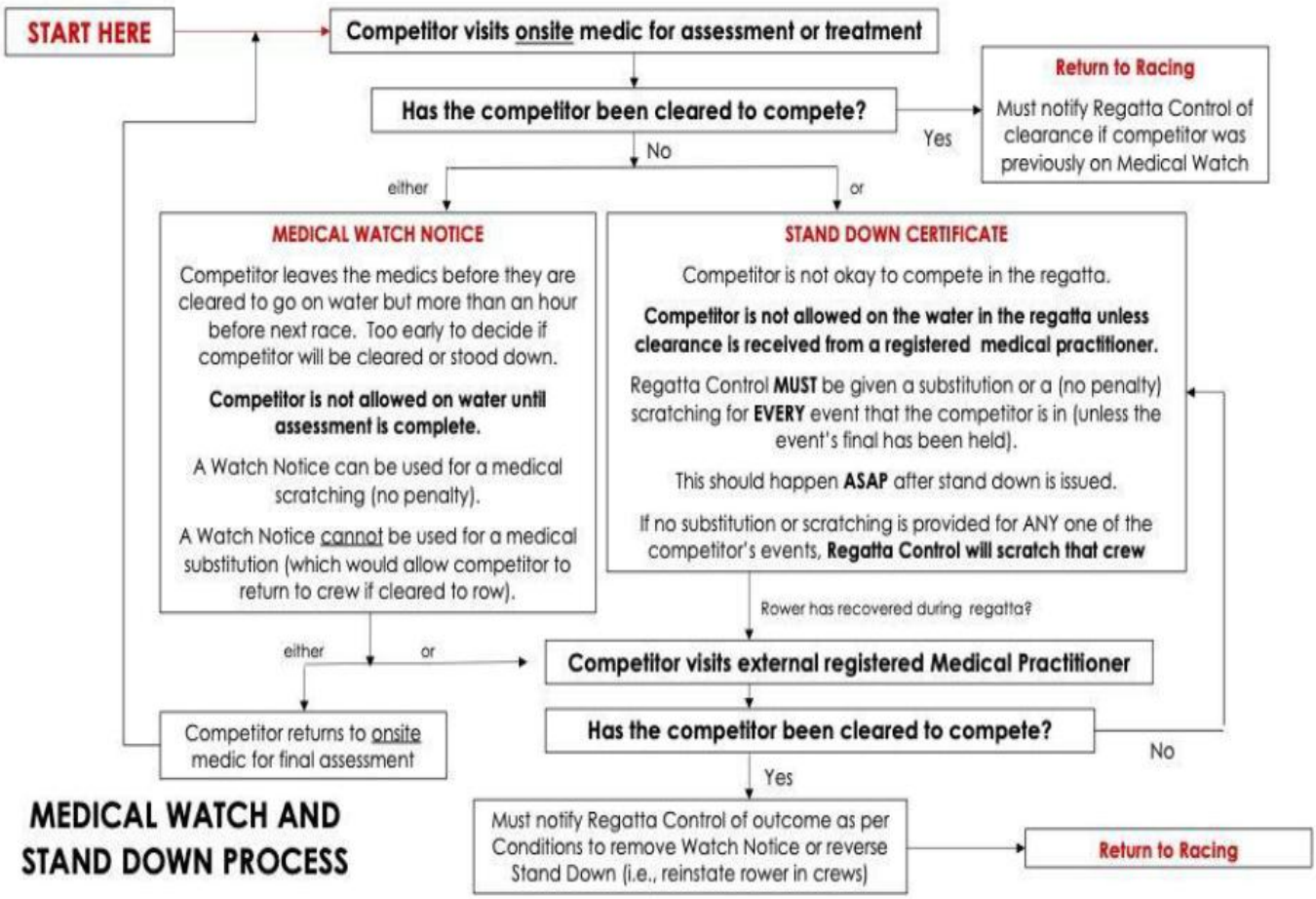
Reinstatement of a competitor requires medical evidence that the competitor has been restored to health. It has already been accepted that the competitor was recently too injured or unwell to compete, so a precautionary approach is taken to allow them back on the water.

Medics are not on site to undertake such assessments. Medics will not certify a competitor has been restored to health.

> Instead, competitors must be assessed by a registered medical practitioner with relevant competence. The competitor must be assessed to have sufficiently restored to health from the injury or illness that warranted them being replaced in their crews. They will need to submit that assessment to Regatta Control.

MEDICAL STAND DOWN FLOW CHART

The following flow chart illustrates the medical stand down and watch process.



MEDICAL WATCH AND STAND DOWN PROCESS

GETTING TO AND AROUND THE VENUE

PARKING

For most regattas throughout the season, parking arrangements are as follows:

Gate 1 - Judd Lane

- Athlete drop-off area.
- Boat trailer access and parking.
- Vehicles displaying a valid Support Vehicle Pass.

Please note: No vehicles can be parked in the central turning area on Judd Lane at any time. Drivers must comply with all posted No Parking signs.

Gate 2

- Overflow parking for vehicles displaying a Support Vehicle Pass.
- VIP parking.
- Merchant parking.
- Registered KRI volunteer parking.

Gate 3

- General public parking.
- Coach parking.
- Club minivan parking.

Club minivans will generally be directed to park in the paddock to the right of Gate 3.

Minivans

To maximise available parking capacity, club minivans may be directed to park on the right-hand side of the internal road near Gate 3.

Mercury Land

For major regattas, including the Christmas Regatta, North Island Rowing Championships and North Island Secondary Schools Championships, coach and minivan parking may be located on Mercury land. This is the land between the Dam crossing road and Gate 2.

Overflow Parking

Where overflow parking is required, it will be located within the Taumatawīwī Reserve, 500m past Gate 3 of the Mighty River Domain. There is a concrete paved walkway along the lake edge back to the Domain

Mobility Parking

Mobility parking is available via Gate 3 for visitors with mobility requirements. Parking attendants will direct eligible vehicles to the appropriate parking areas.
KRI operates a golf cart service to assist with transport between the parking areas and the main spectator embankment. Designated collection points are located near the Rowing New Zealand building and the Sir Don Rowlands Centre. For assistance, please contact the KRI Office on 07 827 9222.

GETTING TO AND AROUND THE VENUE

Parking Fees

Parking is charged at $10 per vehicle, per day. These fees contribute towards the cost of hiring parking areas and employing professional traffic and parking management personnel.

Please note:

- **EFTPOS only.**
- Cash payments are not accepted.
  No surcharge applies to contactless ("tap and go") payments.

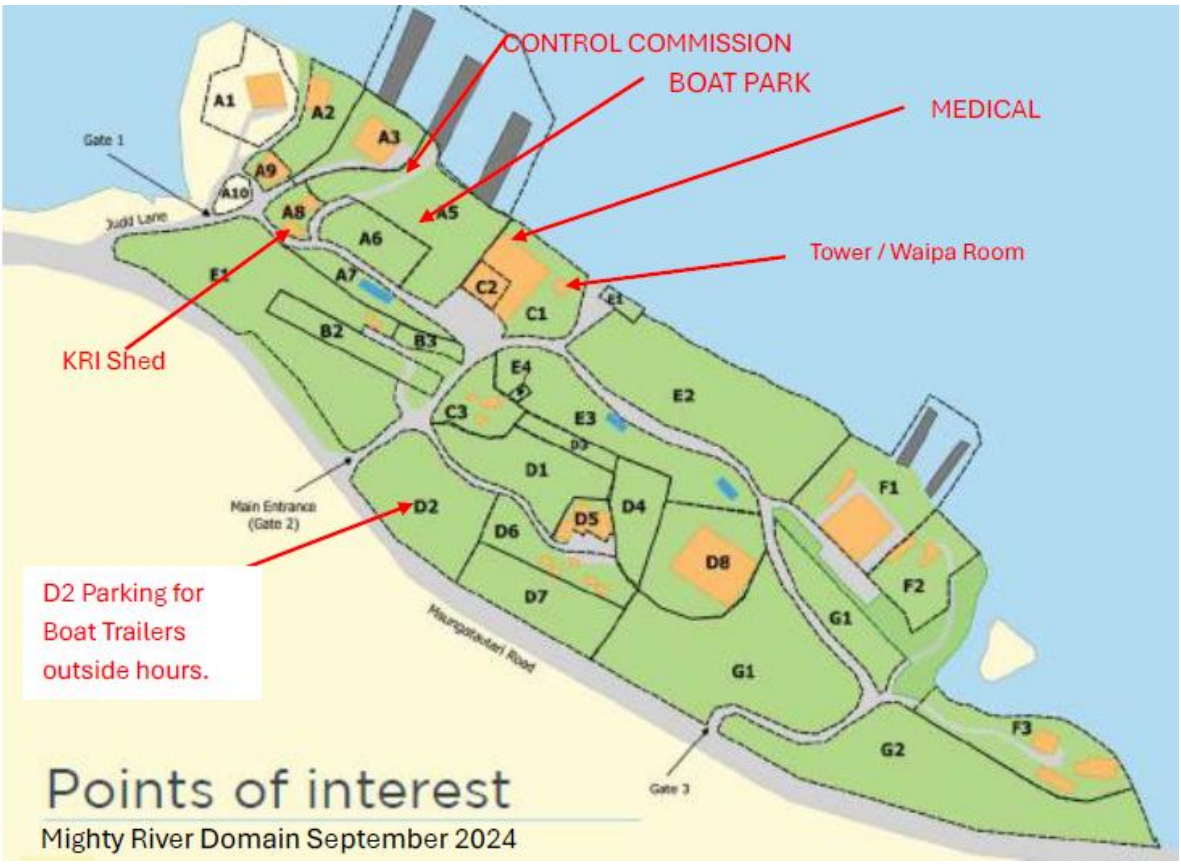
To assist with traffic flow, visitors are encouraged to use contactless payment wherever possible.

Prepaid Parking Tickets

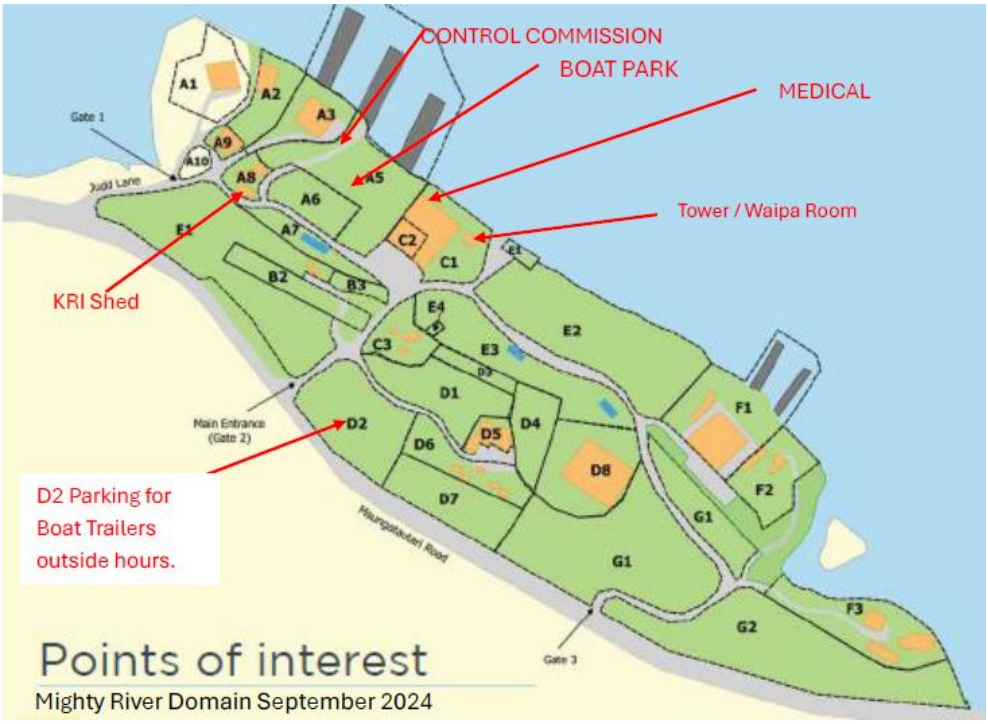
Prepaid parking tickets are available for purchase from the KRI Regatta Office, located on the ground floor of the Finish Tower, at a discounted daily parking rate of $8 per ticket.

Athlete Drop-Off

Athlete drop-off is via Gate 1 (Judd Lane), utilising the Roundabout. **For safety reasons, athletes must not be dropped off along Maungatautari Road.**



POINTS OF INTEREST



OPERATIONS CENTRE
The Operations Centre is typically located in the **Karāpiro Room**, adjacent to the Finish Tower (refer to site map). Access is via the external stairs located on the Finish Tower side of the Sir Don Rowlands Centre.

REGATTA OFFICE
The Regatta Office is located on the ground floor of the Finish Tower. (Please note that the office adjacent to Podium Café manages the Mighty River Domain venue and campground operations and is not affiliated with KRI regatta administration.)

EVACUATION AREAS
Should an evacuation of the regatta venue be required, attendees will be directed away from the spectator embankment and toward the designated public parking areas. All participants, spectators and officials must follow the instructions of event staff, volunteers and emergency services personnel during an evacuation.

COACHES' ROOM
A dedicated Coaches' Room will be available at most regattas. Depending on the event, this facility will be located either in the Waipā Room (below the Karāpiro Room) or within the Sir Don Rowlands Hall.

LOST PROPERTY
A lost property collection area will be located outside the Waipā Room during regattas. Enquiries regarding lost property can also be made at the Mighty River Domain office.

VENUE RULES
To ensure a safe and enjoyable environment for all attendees, the following venue rules apply:
Cycling and scooter use is not permitted within the venue.
Dogs are not permitted on-site.

A $300 fine may be issued by the Waipā District Council for breaches of the venue's dog policy.

All regattas are smoke-free, vape-free, alcohol-free and drug-free events.

DURING THE REGATTA

PHOTOGRAPHY

Access to the **Start Pontoon** and **Boat Park** is restricted to accredited photographers only. Photographer accreditation is administered and approved by **Rowing New Zealand (RNZ)** and individuals wishing to photograph from these restricted areas must obtain the appropriate accreditation prior to the regatta. For the safety of competitors, coaches, officials and photographers, unauthorised access to these areas is not permitted.

UNIFORM

Competitors must compete in the registered racing uniform of the club or school they represent at the regatta.

COACHING DURING RACING AND TECHNOLOGICAL DEVICES

Competitors and coaches must comply with the applicable Rules of Racing and Regatta Conditions regarding coaching during competition. Crews found to be receiving coaching during a race through electronic or technological means may be subject to Exclusion from the event.

Schools and clubs are also reminded that the Organising Committee may require crews to carry equipment intended to promote or enhance coverage of the sport, including minicameras, microphones, GPS devices, or other approved recording or tracking equipment. Where such equipment is required, it will be identical in weight, placement and configuration for all boats competing within the race.

RULES OF RACING AND COMPLIANCE

KRI is committed to supporting the education and development of athletes, coaches, and administrators. Should your club or school be interested in hosting a *Rules of Racing* question-and-answer session with a Licensed Race Official, please contact **operations@karapirorowing.com**. KRI will arrange for a Race Official from your region to make contact and coordinate a suitable time.

Alternatively, attendees are welcome to remain following any Regatta Information and Safety Briefing. The Chief Umpire will be available to answer questions and provide clarification on the Rules of Racing, regatta procedures, and officiating matters.

REGATTA COMMENTARY

KRI's commentary team strives to ensure athletes', coaches' and officials' names are pronounced correctly during regattas. If you hear a name being pronounced incorrectly, please visit the **Regatta Office** or email **operations@karapirorowing.com** with the preferred pronunciation and, where possible, a phonetic spelling of the name. Your assistance helps us recognise and acknowledge competitors accurately and respectfully

RULES OF RACING AND COMPLIANCE

KRI is committed to supporting the education and development of athletes, coaches, and administrators. Should your club or school be interested in hosting a *Rules of Racing* question-and-answer session with a Licensed Race Official, please contact **operations@karapirorowing.com**. KRI will arrange for a Race Official from your region to make contact and coordinate a suitable time.

Alternatively, attendees are welcome to remain following any Regatta Information and Safety Briefing. The Chief Umpire will be available to answer questions and provide clarification on the Rules of Racing, regatta procedures, and officiating matters.

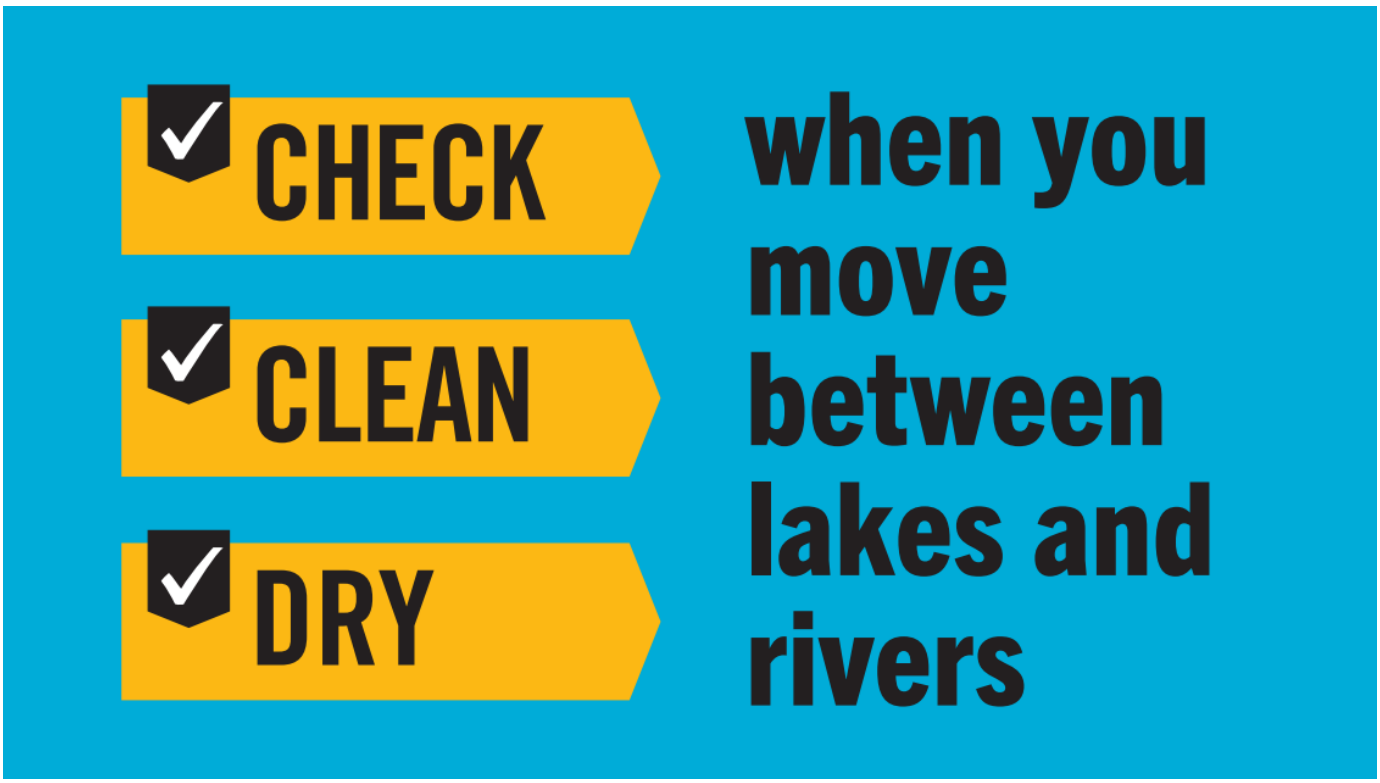
CLICK CLEAN DRY

STOP THE SPREAD OF INVASIVE SPECIES

Lake Karāpiro is home to several biosecurity risks that could be inadvertently spread to other waterways. Likewise, invasive species from other waterways could be introduced to Lake Karāpiro if appropriate precautions are not taken. To protect New Zealand's freshwater environments, all attendees travelling to and from Lake Karāpiro are required to follow the **Check, Clean, Dry** protocols.

All clubs and schools must sign the required **Commitment Statement** (during the rowIT entry process) and agree to comply with the Check, Clean, Dry protocols, along with any additional biosecurity measures implemented by the event.

These requirements apply to **all equipment that comes into contact with the water**, including boats, oars, life jackets, coaching launches, and associated equipment.



ARRIVE CLEAN! Before Leaving Your Home Waterway

All clubs and schools must complete the appropriate Check, Clean, Dry procedures relevant to their location before travelling to Lake Karāpiro. This helps prevent the spread of invasive pests and aquatic species from waterways throughout New Zealand, including Didymo and other freshwater contaminants. The Ministry for Primary Industries (MPI) has recently approved two additional treatment options for absorbent gear:

Soak absorbent gear in a **10% dishwashing liquid solution for 10 minutes**.

Soak absorbent gear in a **10% Simple Green All-Purpose Cleaner solution for 60 minutes**.

LEAVE CLEAN! Before Leaving Lake Karāpiro

- There are currently two significant biosecurity threats present within the Lake Karāpiro catchment:
- Invasive Freshwater Clam (Corbicula)
- Hornwort
- To prevent the spread of these species to other waterways, all clubs and schools must complete the Check, Clean, Dry process prior to departing Lake Karāpiro. Additional information is available via the MPI guidance linked within this document.

What is Check, Clean, Dry?

1. Check for What Is Visible

- Inspect all boats, equipment and gear for visible material such as:
- Weeds
- Mud
- Shells or clams
- Organic matter
- Remove any material found and drain all lake or river water at the source.

2. Clean for What Is Not Visible

- Wash boats and equipment thoroughly using clean tap water. Particular care should be taken to remove juvenile clams and other microscopic organisms that may not be visible to the naked eye.
- When washing equipment:
- Wash on grass wherever possible.
- Prevent runoff from entering stormwater drains or waterways.
- Treat absorbent materials that have been in contact with the water, such as life jackets, socks and footwear, using an approved treatment method.

3. Dry to Be Sure

- Allow boats, equipment and gear to dry completely before entering another waterway. Where practical, equipment should be dried for a minimum of **48 hours** prior to reuse. By following these steps, clubs and schools play an important role in protecting New Zealand's waterways from invasive species.

WHY DOES MEAN AT KRI

What Does This Mean at KRI Regattas?

- All boats and water-contact equipment must be cleaned prior to departing Lake Karāpiro.
- To assist clubs and schools:
- A wash station will be available outside the KRI Shed.
- Clubs are encouraged to bring their own hoses, which may be connected to approved Mighty River Domain water supplies.
- Clubs should consider carrying an approved treatment solution for absorbent equipment during their return journey.
- A short instructional video explaining the Check, Clean, Dry process for rowers is available via the link provided in this document .

- Further information for North Island and South Island participants can also be accessed through the MPI resources linked above .

WASTE MINIMISATION

The Waipā District Council Zero Waste Policy requires waste generated during events to be sorted and diverted from landfill wherever possible. To support this initiative, the number of general waste bins available on-site is limited, allowing Waste Ambassadors to assist attendees at designated waste stations.

Clubs and schools using spectator tents are asked to support this process by:
Providing separate bins for general waste, recycling and food scraps within their tent area.
Lining all bins with **clear plastic bags** to allow waste to be easily inspected and sorted at the Sorting Station.
Transporting waste and recycling to the Sorting Station throughout the day as required.

Please note:
Black rubbish bags are not accepted at the Sorting Station and will need to be opened and manually sorted before disposal.
Waste and recycling stations are located within the food court area, adjacent to the main Sorting Station on the spectator embankment, and near the Boat Park toilet facilities.

Coffee cups must be disposed of in general waste (red bins), as they are contaminated and cannot be recycled through the event waste stream.

Thank you for helping us reduce waste and support the environmental sustainability goals of both KRI and the venue.

CLUB & SUPPORT FUNDRAISING INITIATIVES

KRI offers several fundraising opportunities for clubs and schools throughout the regatta season. These can include activities such as:

- Boat holding
- Medal bearing
- Waste watching
- Litter collection

These initiatives provide an opportunity for clubs and schools to raise funds while supporting the successful operation of KRI regattas. Clubs and schools interested in participating should contact **operations@karapirorowing.com**.

In addition, KRI offers **one club or school per regatta** the opportunity to undertake an approved fundraising activity within the merchant area. Please note that fundraising initiatives:

- Are subject to prior approval by KRI.
- Must not involve the sale of food or beverages.
- Must not directly compete with existing KRI merchants or event partners.

Expressions of interest should be emailed to operations@karapirorowing.com.

ATHLETE FUNDRAISING INITIATIVES

KRI also provides **one competitive rower per regatta day** with the opportunity to undertake an approved fundraising initiative to support their ongoing participation in rowing. Approved fundraising activities will be located within the merchant area and are subject to the following conditions:

- Prior approval must be obtained from KRI.
- The activity must be undertaken by, or directly benefit, the athlete.
- Food and beverage sales are not permitted.
- The activity must not compete with existing KRI merchants or sponsors.
- The activity must not promote or operate as an established commercial business.

Athletes interested in participating should contact **operations@karapirorowing.com** with details of their proposed initiative for consideration.

Individual Participation

Should an athlete or their family wish to participate in fundraising initiatives such as **Waste Watching** or **Litter Collection**, with the agreement of their club, funds raised through these activities may be credited directly against the athlete's rowing fees payable to their club. This provides athletes and families with an opportunity to contribute to regatta operations while helping to offset the costs associated with participation in the sport.

CONTACT DETAILS

Contact for	Contact person	Email & Contact Number
Operations Manager & Event Manager	Carol Howard	operations@karapirorowing.com 027 506 6544
Entries, scratches, crew changes, race scheduling and pre-regatta enquiries (including regatta conditions)	Regatta Control (Tricia and/or Andrew)	regattacontrol@karapirorowing.com
Volunteer enquiries	Nic Peacocke	volunteers@karapirorowing.com 020 4124 0771
Safety	Greg Liddy	safety@karapirorowing.com 027 336 0873
Boat Park	David Haydock	boatpark@karapirorowing.com 021 810 182
Course and facilities	Dennis Howard	facilities@karapirorowing.com 027 506 6545

We look forward to a great season ahead!

Regards
KRI Regatta Committee